

**National Midwifery Institute  
California Midwifery Licensure (CML) Challenge Program**

**Application and Initial Forms**

## NMI CML Challenge Application and Initial Forms

<b>Contact Information</b>	<b>2</b>
<b>NMI CML Challenge Application</b>	<b>3</b>
Applicant Information	3
Clinical Experience Requirements	4
Academic Experience Requirements	6
As identified by the Midwifery Practice Act of California, Business and Professions Code 2512.5, a midwife shall have didactic preparation in each of the following categories:	6
Fees, Filing Structure, and Timeline for the CML Challenge Program	8
The CML Challenge Examination	10
Submitting Forms	13
Program Completion	13
<b>Midwife-Applicant NARM Records Release</b>	<b>14</b>
<b>Confirmation of Academic Transcripts Requests</b>	<b>15</b>

# Contact Information

**National Midwifery Institute, Inc.**

1375 Maple Tree Place #1026

Williston, VT 05495

[www.nationalmidwiferyinstitute.com](http://www.nationalmidwiferyinstitute.com)

**CML Challenge Administrator**

[elizabeth@elizabethdavis.com](mailto:elizabeth@elizabethdavis.com)

Subject line: Challenge

707-695-6520

**North American Registry of Midwives (NARM)**

[www.narm.org](http://www.narm.org)

[testing@narm.org](mailto:testing@narm.org) (request exam results)

888-84-BIRTH

**Medical Board of California**

[www.mbc.ca.gov](http://www.mbc.ca.gov) (click Licensees tab, Midwives)

**World Education Services (WES)**

[www.wes.org](http://www.wes.org) (click Professional Licensing tab, Reports: course-by-course & document-by-document)

# NMI CML Challenge Application

## Applicant Information

(Submit pages 3 - 15)

### ***Midwife-applicant Information***

Name: \_\_\_\_\_

*Previous/other names used during education or practice:*  
\_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*List of midwifery schools/programs attended (month/year):*  
\_\_\_\_\_  
\_\_\_\_\_

*Date of NARM certification (if applicable):* \_\_\_\_\_

## Clinical Experience Requirements

Clinical experiences required by the CA Medical Board-approved CML Challenge Program are as follows:

- 20 new antepartum visits
- 75 return antepartum visits
- 20 labor management experiences (including births)
- 20 deliveries
- 20 newborn assessments
- 40 postpartum visits, at least 10 of which must be within the first 5 days of birth

Experience Currency Requirements:

All qualifying experience must occur within ten years of the date of this application, and 50% of experience must have occurred within five years of the date of final application to the Medical Board of CA.

*A licensed midwife, CPM, or certified nurse-midwife, AND a licensed physician and surgeon, must verify all the above clinical experience requirements.*

Additional requirements:

- Neonatal Resuscitation (NRP), current at the time of the CML Challenge Written Examination
- Cardiopulmonary Resuscitation/Basic Life Support (CPR/BLS), current at the time of the CML Challenge Written Examination

Please initial the following:

\_\_\_\_\_ I understand that, based on the clinical experience requirements cited above, I may be required to attain additional clinical experience to remain in compliance with the limitations set by the Midwifery Practice Act of California.

\_\_\_\_\_ I affirm that my clinical experience documentation will verify experience in each category as defined above.

\_\_\_\_\_ I affirm that at least 50% of my clinical experience occurred within the past five years.

\_\_\_\_\_ I affirm that documentation of my clinical experience is accessible to me, and that I will protect client identity by using client codes.

\_\_\_\_\_ I understand that I must identify and make arrangements with a Licensed Midwife, CPM, or Certified Nurse-Midwife Verifier, AND with a Physician and Surgeon Verifier, who will compare my records of client care with the documentation I provide to confirm the authenticity of my clinical experience.

\_\_\_\_\_ I understand that it is my responsibility to confirm that the Verifiers are eligible, with license/certification in good standing, to participate in this process, and I am aware that NMI provides a \$250 stipend to Verifiers for their services.

\_\_\_\_\_ I agree to submit verification of my clinical experience using the appropriate CML Challenge forms, and I understand that these forms are subject to audit.

## Academic Experience Requirements

**As identified by the Midwifery Practice Act of California, Business and Professions Code 2512.5, a midwife shall have didactic preparation in each of the following categories:**

The art and science of midwifery maternal and child health, including, but not limited to, labor and delivery, neonatal well care, and postpartum care, and communications skills that include the principles of oral, written, and group communications.

Anatomy and physiology, genetics, obstetrics and gynecology, embryology and fetal development, neonatology, applied microbiology, applied microbiology, chemistry, child growth and development, pharmacology, nutrition, laboratory diagnostic test and procedures and physical assessment.

Concepts in psychosocial, emotional, and cultural aspects of maternal and child care, human sexuality, counseling and teaching maternal and infant and family bonding process, breastfeeding, family planning, principles of preventive health, and community health.

Aspects of the normal pregnancy, labor and delivery, postpartum period, newborn care, family planning or routine gynecological care *in alternative birth centers, homes, and hospitals*.

The following shall be integrated throughout the entire curriculum:

- (i) Midwifery process.
- (ii) Basic intervention skills in preventive, remedial, and supportive midwifery.
- (iii) The knowledge and skills required to develop collegial relationships with health care providers from other disciplines.
- (iv) Related behavioral and social sciences with emphasis on societal and cultural patterns, human development, and behavior related to maternal and child health, illness, and wellness.

Instruction shall also be given in personal hygiene, client abuse, cultural diversity, and the legal, social, and ethical aspects of midwifery.

The program shall include the midwifery management process, which shall include all of the following:

- (i) Obtaining or updating a defined and relevant database for assessment of the health status of the client.
- (ii) Identifying problems based upon correct interpretation of the database.
- (iii) Preparing a defined needs or problem list, or both, with corroboration from the client.
- (iv) Consulting, collaborating with, and referring to, appropriate members of the health care team.
- (v) Providing information to enable clients to make appropriate decisions and to assume appropriate responsibility for their own health.
- (vi) Assuming direct responsibility for the development of comprehensive, supportive care for the client and with the client.
- (vii) Assuming direct responsibility for implementing the plan of care.
- (viii) Initiating appropriate measures for obstetrical and neonatal emergencies.
- (ix) Evaluating, with corroboration from the client, the achievement of health care goals and modifying the plan of care appropriately

Please initial the following:

\_\_\_\_\_ I affirm that I can provide documentation of previous academic study that will demonstrate didactic preparation in each category above, as identified by the Midwifery Practice Act of California.

\_\_\_\_\_ I understand that the CML Challenge Administrator may be asked to evaluate my documentation of previous academic study, and if it appears that additional study is needed to fulfill CML Challenge requirements, a remediation plan will be created, upon completion of which the academic portion of my qualifications will be fulfilled.



## Fees, Filing Structure, and Timeline for the CML Challenge Program

The maximum time for completing the CML Challenge Program is one year one year from date of application, including payment of all fees, remediation (academic or clinical) necessary to meet CML Challenge Program requirements, and completion of CML Challenge Written Examination (extensions may be granted if retakes are necessary).

**STEP ONE:** \$2500 paid with submission of the following CML Challenge forms, as included in this document:

*NMI CML Challenge Program Application*

*Midwife-Applicant NARM Records Release*

*Academic Transcripts Have Been Requested*

Once the midwife-applicant is accepted into the CML Challenge Program, additional forms and instructions will be provided so that following steps may be completed.

**STEP TWO:** \$3000 paid with submission of the following CML Challenge forms:

*Academic Source Documents*

*Gap Analysis Chart of Completed Academic Study (including annotated academic source documents)*

*Applicant's Experience for Verification*

*Physician and Surgeon Verifier Information and Agreement*

*Licensed or Certified Nurse-Midwife Verifier Information and Agreement*

**STEP THREE:** \$2000 paid to register for the CML Challenge Written Examination, with submission of the following form:

*Intention to Sit the CML Challenge Written Examination*

Please initial the following:

\_\_\_\_\_ I understand that the CML Challenge Program must be completed within one year from date of application, including payment of all fees, remediation (academic or clinical) necessary to meet CML Challenge Program requirements, and completion of the CML Challenge Written Examination (extensions may be granted if exam retakes are necessary).

\_\_\_\_\_ I agree to provide payment at each step of the CML Challenge Program application process, as outlined above, for a total of \$7500. I understand that all fees are nonrefundable.

Expenses Not Covered by CML Challenge Program Fees:

*Application to Medical Board of California for state midwifery licensure.*

These expenses may also include:

*WES verification of international transcripts*

*Remediation courses as indicated by my documentation of previous academic study*

*Fees for academic transcripts requested for completion of CML Challenge Program*

*CML Challenge Written Examination retake fee*

*Costs incurred for travel, accommodations, meals related to the CML Challenge Exam*

Please initial the following:

\_\_\_\_\_ I understand that there are expenses related to completing the midwifery licensing process that are not included in the \$7500 CML Challenge Program fees, and that these expenses are my responsibility.

## The CML Challenge Examination

The CML Challenge Written Examination is scheduled by arrangement with the CML Challenge Administrator. The exam takes place in Sebastopol CA, just north of San Francisco.

Please initial the following:

\_\_\_\_\_ I understand that I must pass the CML Challenge Written Examination before I can complete the CML Challenge Program, and that I may retake the examination until I achieve a passing score of at least 80%. I am aware of the \$500 examination retest fee, and subsequent \$300 retest fees.

The CML Challenge Examination, approved by the CA Medical Board, was developed by NMI coursework instructors who completed item writing training supervised by North American Registry of Midwives and are experienced with examination construction and confidentiality.

Content areas of the CML Challenge Written Examination are those identified in California Midwifery Practice Act:

A. The art and science of midwifery including but not limited to prenatal, labor and delivery, neonatal well care and postpartum care;

B. Communication skills;

C. Anatomy and physiology, genetics, obstetrics and gynecology, embryology and fetal development, neonatology, applied microbiology, chemistry, child growth and development, pharmacology, nutrition, laboratory diagnostic tests and procedures, and physical assessment;

D. Concepts in psychosocial, emotional and cultural aspects of maternal and child care, human sexuality, counseling and teaching, maternal and infant and family bonding process, breastfeeding, family planning, principles of preventative health and community health;

E. Aspects of normal pregnancy, labor and delivery, postpartum period, newborn care, family planning or routine gynecological care in alternative birth centers, homes and hospitals;

F. Midwifery process, including interventive skills in preventative, remedial and supportive midwifery; development of collegial relationships with healthcare providers from other disciplines; and behavioral and social sciences;

G. Personal hygiene, client abuse, cultural diversity, and the legal, social and ethical aspects of midwifery;

H. Midwifery management process including obtaining or updating a defined and relevant database for assessment of the health status of the client; identifying problems based upon correct interpretation of the database; consulting, collaborating with, and referring to, appropriate members of the health care team; evaluating, with corroboration from the client, the achievement of health care goals and modifying the plan of care appropriately; assuming direct responsibility for the development of comprehensive, supportive care for the client and with the client; assuming direct responsibility for implementing the plan of care; initiating appropriate measures for obstetrical and neonatal emergencies.

The examination is 335 items; 80% multiple-choice and 20% true/false questions. CML Challenge Written Examination passing score is 80% (268 items answered correctly out of 335 possible).

Test scores are reported to midwife-applicants as a percentage of successful completion. Midwife-applicants who fail the examination are given their actual score for each section of the examination.

Midwife-applicants who fail the CML Challenge Written Examination may retake the exam as scheduled with the CML Challenge Administrator. The fee for first retake is \$500, subsequent retakes are \$300, paid in advance, with no limit to the number of retakes.

A midwife-applicant may appeal a failing score that is within 1% of passing. One percent represents three questions, or a raw score of 265. A written appeal must be submitted within 30 days of the examination date, indicating areas of the exam that the midwife-applicant wishes to discuss. The CML Challenge Administrator will review the request, and if the midwife-applicant provides evidence to support reconsideration of test item grading, the score may be adjusted. The final decision rests with the CML Challenge Administrator.

Midwife-applicants who fail the CML Challenge Written Examination and choose to pursue graduation from the NMI Midwifery Certificate program may enroll under the provisions for Transfer Students (see NMI website for details and cost). Contact NMI Administrator for details.

Please initial the following:

\_\_\_\_\_ I am aware of the appeal process for CML Challenge Program midwife- applicants with failing examination scores.

\_\_\_\_\_ I understand that any CML Challenge Written Examination retake fees must be paid to the CML Challenge Program prior to examination retake.

\_\_\_\_\_ I understand that completion of the CML Challenge Program occurs with satisfactory completion of all requisite academic and clinical requirements and documentation thereof, as well as passing the CML Challenge Written Examination.

\_\_\_\_\_ I agree to uphold the confidentiality of the CML Challenge Written Examination and the confidentiality of other midwife-applicants.

\_\_\_\_\_ I affirm that the CML Challenge Written Examination and CML Challenge Program are the sole property of National Midwifery Institute, Inc.

\_\_\_\_\_ I affirm that this document has been completed honestly, with the sincere intention of completing the CML Challenge Program.

\_\_\_\_\_ I agree to all the terms detailed in this ***Application for the NMI CML Challenge Program*** form.

*Required for later documentation provided by NMI to Medical Board of California:*

Driver's License/ State ID # \_\_\_\_\_

State of Issue of Driver's License \_\_\_\_\_ Expiration Date \_\_\_\_\_

Social Security # \_\_\_\_\_ Date of Birth \_\_\_\_\_

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Submitting Forms

All forms should be submitted by email to Elizabeth Davis, CML Challenge Administrator [elizabeth@elizabethdavis.com](mailto:elizabeth@elizabethdavis.com). CC'ed to the email should be the main NMI office as well [nmioffice@nationalmidwiferyinstitute.com](mailto:nmioffice@nationalmidwiferyinstitute.com).

**NMI prefers electronic copies of all documentation.**

**Please note:**

Application is not complete until the initial \$2,500 fee is received. Please pay via the NMI website: [California Challenge, Payment Portal](#).

## Program Completion

Upon completion of the program, the NMI Administrative Office will submit confirmation of program completion to the CA Medical Board.

Please allow 7-10 business days to process this request.

## Midwife-Applicant NARM Records Release

I (name) \_\_\_\_\_, request that the North American Registry of Midwives provide the **National Midwifery Institute, CML Challenge Process**, with my NARM Written Examination score.

My CPM # is \_\_\_\_\_

**Please email the above information to**

[nmioffice@nationalmidwiferyinstitute.com](mailto:nmioffice@nationalmidwiferyinstitute.com)

Subject line: CML Challenge

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Confirmation of Academic Transcripts Requests

I have contacted the following schools, programs, or instructors to request that my academic transcripts will be sent directly to NMI:

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My name at the time of my enrollment: \_\_\_\_\_

I understand that NMI will confirm with me receipt of the above documents.

I understand that I will need reference copies of my transcripts to complete the NMI CML Challenge Program forms, in addition to the originals sent directly to NMI from the issuing program or granting institution, and that it is my responsibility to secure these.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_