

## National Midwifery Institute

## Clinical Form - Prenatal Skills Log

The following Skills log meets MEAC and NARM requirements for assessment of clinical readiness for entry-level practice upon graduation. Throughout their time at NMI, student can work on this log and fill out the pieces that apply to them at any given time for submission. They can submit this form however many times they need to.

Students and preceptors must assess and rate a student's skill level on the chart below. Students and preceptors are encouraged to revisit this form periodically to assess growth and increasing skill, with the goal of "3" on all skills. When a student has received a "3" on a skill, that skill no longer needs to be assessed on future assessments.

Any skills you are unable to demonstrate proficiency in real practice (due to legality in your area, rarity of occurrence, etc.)

When submitting this form, NOT ALL SKILLS NEED TO BE FILLED OUT, only fill out those you are assessing at this time (recent relevance). However, all skills must be evaluated, and receive a 3 from both preceptor and student, before graduation.

1 = beginning, learning a new skill
2 = intermediate, performs skill with minor assistance
3 = advanced, student at or near independent proficiency

Student Name

Preceptor Name

Submission Date

Skill Assessed	Student Rating	Preceptor Rating	Comments (optional)
Administrative/Logistical Skills			
Obtains & Maintains Health Records, Health History, and Documents properly	01 02 03	□1 □2 □3	
Evaluates medical records, labwork, ultrasounds, etc. from other practitioners	01 02 03	01 02 03	
Maintains client confidentiality		01 02 03	
Demonstrates informed consent/choice	01 02 03	01 02 03	
Demonstrates culturally appropriate care	01 02 03	01 02 03	



Skill Assessed	Student Rating	Preceptor Rating	Comments (optional)			
Counseling Skills						
Counsels re: prenatal diet, nutrition, supplements, and supports	01 02 03	01 02 03				
Counsels re: natural physical and emotional processes of pregnancy, labor, birth, and postpartum	01 02 03	01 02 03				
Counsels re: common complaints of pregnancy	01 02 03	01 02 03				
Counsels re: midwifery care, limitations of practice, shared responsibility	01 02 03	□1 □2 □3				
Counsels re: sexuality and family planning post SAB and TAB	010203	□1□2□3				
Counsels re: individualized health history and risk reduction	01 02 03	01 02 03				
Counsels re: where to give birth	01 02 03	01 02 03				
Counsels re: genetic screening	01 02 03	01 02 03				
Counsels re: risk factors to pregnancy (disease screening, environmental, substance use, social risk factors, etc.)	01 02 03	01 02 03				
Counsels re: VBAC options & Cesarean options as necessary	01 02 03	□1 □2 □3				
Counsels re: psychosocial and mental health	01 02 03	01 02 03				
Clinical Skills						
Routine Prenatal Exam						
Estimates a due date (demonstrates a variety of methods)	01 02 03	01 02 03				
Assesses fetal growth and wellbeing	01 02 03	01 02 03				
Assesses weeks gestation to fundal height and makes appropriate plans	01 02 03	01 02 03				
Performs a physical examination	01 02 03					
Performs a pelvic examination	01 02 03	01 02 03				
Performs clinical pelvimetry of bony pelvis		□1□2□3				
Performs a pap smear	01 02 03	01 02 03				
Obtains gynecological cultures (incl GBS, BV)	01 02 03	01 02 03				



Skill Assessed	Stu Rat	dent ing		Pre Rat	cept ing	or	Comments (optional)
Obtains urine samples	01	02	□ 3	-	02	□ 3	
Draws blood for labwork	01	02	□3	01	02	□3	
Identifies and Responds to Complications of Pregnancy							
Miscarriage, Abortion, and Pregnancy Loss and appropriate management	01	02	□3	01	02	□3	
Pregnancy-Induced Hypertension and appropriate management	01	02	□3	01	02	□3	
Gestational Diabetes and appropriate management	01	02	□3	01	02	□3	
Preeclampsia and appropriate management	01	02	□3	01	02	□3	
Unusual fetal growth patterns (IUGR, SGA, LGA), and amniotic fluid volume (oligo/polyhydramnios) and appropriate management	01	02	□3	01	02	□ 3	
Breech and malpresentations and appropriate management	01	02	□3	01	02	□3	
Multiple gestation pregnancies and appropriate management	01	02	□3	01	02	□3	
Preterm labour and appropriate management	01	02	□3	01	02	□3	
Postdates pregnancy and appropriate management	01	02	□3	01	02	□3	
Ectopic and molar pregnancy and appropriate management/referrals	01	02	□3	01	02	□3	
Antepartum hemorrhage, possible causes, and appropriate management	01	02	□3	01	02	□3	
Prelabour ROM and appropriate management	01	02	□3	01	02	□3	
Premature ROM and appropriate management	01	02	□3	01	02	□3	
Demonstrates ability to facilitate referrals in a timely and appropriate manner for complications of pregnancy	01	02	□3	01	02	□3	



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Skill Assessed	Student Rating	Preceptor Rating	Comments (optional)
Demonstrates Use of Equipment			
Blood Pressure Cuff / Stethoscope	01 02 03	01 02 03	
Doppler / Fetoscope	01 02 03	01 02 03	
Measuring Tape (fundal height)	01 02 03	□1 □2 □3	
Gestational Age Wheel / Calculator	01 02 03	01 02 03	
Vacutainer / Blood Collection	01 02 03	01 02 03	
Urinalysis Strips	01 02 03	01 02 03	
Vaginal Culture Equipment / Pap smear		□1 □2 □3	
Speculum use and exam, including sterile speculum	01 02 03	01 02 03	

## Additional Comments

Preceptor Signature \_\_\_\_\_ Date \_\_\_\_\_

\*\*\*All form fields are required\*\*\*