National Midwifery Institute, Inc.

Preceptor Evaluation/Student Self-Assessment of Midwifery Skills

File with each preceptor/student review during supervised primary care.

Guidelines For Preceptors and Apprentices

Preceptors:

1) When making an evaluation, remember that you are observing entry-level competence.

2) Approach evaluation with an open, objective mind.

3) Never undermine the student midwife in front of clients. To preserve the continuity of your working relationship, make constructive, respectful additions to the student's communications with your clients. This preserves clients' sense of trust in her midwife team, and upholds the privacy of both preceptor and student.

Apprentices:

When doing Assessment, ask yourself whether or not you could perform this skill in the absence of your preceptor. Do you feel you've completely mastered this skill, and can take responsibility for your assessment?

Scoring System:

Based on a four point system, students are evaluated as follows:

4) Performs skill with competence and without assistance,

3) Familiar with skill, needs practice

2) Learning new skill,

1) Student has not practiced this skill

Both preceptor and student fill out the evaluation form in the space provided. Students may complete self-assessment and then pass the forms to the preceptor, who completes the preceptor assessment. *Preceptors must initial next to each skill they rate with 4 points.* Student and preceptor meet to compare their evaluations and discuss how they arrived at their conclusions. The intention of this process is that through discussion and constructive feedback, the student and preceptor will agree on the student's level of competence in each requisite skill. This allows them to set new goals for skills practice and verification. After reviewing the form together, completed form is sent to NMI.

National Midwifery Institute, Inc.

Preceptor Evaluation/Student Self-Assessment of Midwifery Skills

Supervised Primary Births 16-20

Student Midwife's Name _____ Date _____

Preceptor's Name _____ Date _____

This abbreviated skills list has been approved by MEAC and NARM for use with students in MEAC accredited programs; it replaces the longer NARM Skills List, form 201 in the NARM Application. There are a total of 155 skills areas listed here, instead of over 750 individual skills listed in form 201 of the NARM Application.

**Preceptors must initial next to each skill they rate with 4 points.*

1. Midwifery Counseling, Education and Communication

		Prec. Initials
A. Provides interactive support and counseling and/or referral services to the mother regarding her relationships with her significant others and other health care providers	Student	Preceptor
B. Provides education, support, counseling and/or referral for the possibility of less-than-optimal pregnancy outcomes	Student	Preceptor
C. Provides education and counseling based on maternal health/reproductive/family history and ongoing risk assessment	Student	Preceptor
D. Facilitates the mother's decision of where to give birth:		
1. The advantages and the risks of different birth sites.....	Student	Preceptor
2. The requirements of the birth site	Student	Preceptor
3. How to prepare, equip and supply birth site	Student	Preceptor
E. Educates the mother and her family/support unit to share responsibility for optimal pregnancy outcome	Student	Preceptor
F. Educates the mother concerning the natural physical and emotional processes of pregnancy, labor, birth and post partum	Student	Preceptor
G. Applies the principles of informed consent	Student	Preceptor
H. Provides individualized care	Student	Preceptor
I. Advocates for the mother during pregnancy, birth and postpartum	Student	Preceptor

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Prec. Initials

1. Midwifery Counseling, Education and Communication, continued

J. Provides education, counseling and/or referral, where appropriate for:

1. Genetic counseling for at-risk mothers ..... Student Preceptor
2. Abuse issues: emotional, physical and sexual ..... Student Preceptor
3. Prenatal testing ..... Student Preceptor
4. Diet, nutrition and supplements ..... Student Preceptor
5. Effects of smoking, drugs and alcohol use ..... Student Preceptor
6. Situations requiring an immediate call to the midwife ..... Student Preceptor
7. Sexually transmitted diseases ..... Student Preceptor
8. Complications ..... Student Preceptor
9. Environmental risk factors ..... Student Preceptor
10. Newborn care including normal/abnormal newborn activity, responses, vital signs, appearance, behavior, etc. ..... Student Preceptor
11. Postpartum care concerning complications and self-care ..... Student Preceptor

2. General Health care Skills

A. Demonstrates Universal Precautions ..... Student Preceptor

B. Demonstrates the application of OSHA regulations as they relate to midwifery workplace ..... Student Preceptor

C. Demonstrates the application of aseptic technique ..... Student Preceptor

D. listed on next page

F. Uses alternate health care practices (non-allopathic treatments) and modalities ..... Student Preceptor

G. Refers to alternate health care practitioners for non-allopathic treatments ..... Student Preceptor

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2. General Health care Skills, continued

Prec. Initials

D. Demonstrates the use of instruments and equipment including:

1. Amnihook® /Amnicot®	Student	Preceptor
2. Bag and mask resuscitator	Student	Preceptor
3. Blood pressure cuff	Student	Preceptor
4. Bulb syringe	Student	Preceptor
5. Cord clamp	Student	Preceptor
6. Cord tape	Student	Preceptor
7. DeLee ® (tube/mouth suction device)	Student	Preceptor
8. Doppler	Student	Preceptor
9. Fetoscope	Student	Preceptor
10. Gestation calculation wheel/calendar	Student	Preceptor
11. Hemostats	Student	Preceptor
12. *Infant airway has been removed*		
13. Lancets	Student	Preceptor
14. Newborn and adult scale	Student	Preceptor
15. Nitrazine paper	Student	Preceptor
16. Needle and syringe	Student	Preceptor
17. Scissors (all kinds)	Student	Preceptor
18. Single dose ampule	Student	Preceptor
19. Speculum	Student	Preceptor
20. Stethoscope	Student	Preceptor
21. Suturing equipment	Student	Preceptor
22. Tape measure	Student	Preceptor
23. Thermometer	Student	Preceptor
24. Urinalysis strips	Student	Preceptor
25. Urinary catheter	Student	Preceptor
26. Vacutainer/blood collection tube	Student	Preceptor
27. Vaginal culture equipment	Student	Preceptor

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2. General Health care Skills, continued

Prec. Initials

H. Treats for shock by:

1. Recognizing the signs and symptoms of shock, or impending shock ..... Student ____ Preceptor ____

2. Assessing the cause of shock and providing treatment for shock ..... Student ____ Preceptor ____

NARM Job Analysis identified:

a) Positioning mother flat, legs elevated 12 inches
b) Keeping the mother warm, avoiding overheating
c) Administering/using non-allopathic remedies
d) Encouraging deep, calm, centered breathing
e) Administering oral isotonic/electrolyte fluids
f) Activating emergency medical services
g) Preparing to transport

I. Administers Oxygen ..... Student ____ Preceptor ____

J. Recommends the use of vitamin and mineral supplements ..... Student ____ Preceptor ____

NARM Job Analysis identified:

1. Prenatal Multi-Vitamin, 2. Vit. C, 3. Vit. E, 4. Folic Acid,
5. B-Complex, 6. B-6, 7. B-12, 8. Iron, 9. Calcium, 10. Magnesium

K. Administers the following pharmacologic (prescriptive) agents:

1. Lidocaine ..... Student ____ Preceptor ____

2. Medical oxygen ..... Student ____ Preceptor ____

3. Methergine ..... Student ____ Preceptor ____

4. Prescriptive ophthalmic prophylaxis ointment

(e.g., erythromycin) ..... Student ____ Preceptor ____

5. Pitocin ® ..... Student ____ Preceptor ____

6. RhoGam ..... Student ____ Preceptor ____

L. Refers for performance of ultrasounds ..... Student ____ Preceptor ____

M. Uses doppler ..... Student ____ Preceptor ____

N. Refers for performance of biophysical profile ..... Student ____ Preceptor ____

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Prec. Initials

3. Maternal Health Assessment

A. Obtains and maintains records of health, reproductive and family medical history ..... Student Preceptor

B. Performs initial history and physical examination including vital signs ..... Student Preceptor

C. Knows pelvic exam, including assessing:

1. The condition of the uterus, ovaries and cervix (by speculum) ..... Student Preceptor

a) Performs a Papanicolaou (Pap) test ..... Student Preceptor

b) Obtains gyn cultures *(NARM #14)* ..... Student Preceptor

D. Estimates due date based upon a variety of methods ..... Student Preceptor

E. Assesses fetal weight, size, lie, or lightening ..... Student Preceptor

F. Assesses correlation of weeks gestation to fundal height ..... Student Preceptor

G. Performs routine prenatal physical exams ..... Student Preceptor

H. Evaluates laboratory and medical records from other practitioners ..... Student Preceptor

I. Obtains assistance evaluating laboratory and medical records from other practitioners ..... Student Preceptor

K. Provides counseling for

1. Nutritional, and non-allopathic dietary supplement support ..... Student Preceptor

2. Common complaints of pregnancy ..... Student Preceptor

L. Recognizes and responds to potential prenatal complications by:

1. Identifying pregnancy-induced hypertension ..... Student Preceptor

2. Assessing, educating and counseling for pregnancy-induced hypertension using a variety of methods ..... Student Preceptor

3. a. Identifying preeclampsia ..... Student Preceptor

b. collaborating and managing preeclamptic mothers ..... Student Preceptor

4. a. Identifying breech presentations ..... Student Preceptor

b. turning breech presentations with:

1) Alternative positions (tilt boards, exercises) ..... Student Preceptor

2) Non-allopathic methods ..... Student Preceptor

5. Identifying multiple gestation pregnancies ..... Student Preceptor

6. Identifying and dealing with pre-term labor ..... Student Preceptor

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Prec. Initials

3. Maternal Health Assessment, continued

L. Recognizes and responds to potential prenatal complications by:

7. Assessing, evaluating, and treating a post-date pregnancy ..... Student Preceptor

8. Identifying and referring tubal (ectopic) pregnancy ..... Student Preceptor

9. Identifying and referring placenta abruption ..... Student Preceptor

10. Identifying placenta previa ..... Student Preceptor

11. Identifying premature rupture of the membranes ..... Student Preceptor

12. Managing premature rupture of the membranes in a full-term pregnancy and/or consulting and referring appropriately ..... Student Preceptor

M. Establishes and follows emergency contingency plans for mother and/or newborn ..... Student Preceptor

4. Labor, Birth and Immediate Postpartum

A. Facilitates maternal relaxation and provides comfort measures throughout labor ..... Student Preceptor

B. Evaluates and supports a laboring mother during the first stage of labor by assessing a variety of factors ..... Student Preceptor

C. Knows a variety of treatments for anterior/swollen lip ..... Student Preceptor

D. Demonstrates the ability to recognize and respond to a laboring mother during the second stage of labor ..... Student Preceptor

continued...

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4. Labor, Birth and Immediate Postpartum, continued

Prec. Initials

E. Demonstrates the ability to recognize and respond to labor and birth complications such as:

1. Abnormal fetal heart tones and patterns ..... Student Preceptor
2. Cord prolapsed ..... Student Preceptor
3. Variations in presentation such as:
   a. Breech presentation ..... Student Preceptor
   b. nuchal hand, arm presentation ..... Student Preceptor
   c. nuchal cord presentation ..... Student Preceptor
   d. Face and brow presentation ..... Student Preceptor
   e. Multiple birth presentation and delivery ..... Student Preceptor
   f. Shoulder dystocia ..... Student Preceptor
4. Management of meconium stained fluids ..... Student Preceptor
5. Management of maternal exhaustion..... Student Preceptor

F. Assesses the condition of, and provides care for the newborn immediately after the birth by:

1. Making initial newborn assessment ..... Student Preceptor
2. Determining APGAR score ..... Student Preceptor
3. Monitoring respiratory and cardiac function ..... Student Preceptor
4. Responding appropriately to the need for newborn resuscitation ..... Student Preceptor
5. Clamping, cutting, and caring for the cord ..... Student Preceptor
6. Administering eye prophylaxis ..... Student Preceptor
7. Performing a newborn examination ..... Student Preceptor

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4. Labor, Birth and Immediate Postpartum, continued

Prec. Initials

G. Assists in placental delivery and responds to blood loss by:

1. Determining signs of placental separation ..... Student Preceptor
2. Facilitating the delivery of the placenta ..... Student Preceptor
3. After delivery, assessing the condition of the placenta ..... Student Preceptor
4. Estimating the amount of blood loss ..... Student Preceptor
5. Responding to uterine bleeding with a range of treatments ..... Student Preceptor
6. Responding to postpartum hemorrhage with a range of treatments, including:
   a) Administration of medication ..... Student Preceptor
   b) Administration of oxygen ..... Student Preceptor
   c) Administration of IV fluids or appropriate referral for IV fluids ..... Student Preceptor
   d) Treatment for shock ..... Student Preceptor

H. Assesses general condition of mother and newborn by a variety of criteria ..... Student Preceptor

I. Performs catheterization when needed ..... Student Preceptor

J. Repairs the perineum by:

1. Administering a local anesthetic ..... Student Preceptor
2. Performing basic suturing ..... Student Preceptor

K. Provides instruction for care and treatment of the perineum ..... Student Preceptor

L. Facilitates breastfeeding by assisting and teaching about a variety of factors impacting breastfeeding, including:

1. Adequate maternal nutrition ..... Student Preceptor
2. Maternal comfort measures for engorgement ..... Student Preceptor

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Prec. Initials

5. Postpartum

A. Performs post partum reevaluation of mother and baby at appropriate intervals ..... Student Preceptor

B. Completes the birth certificate ..... Student Preceptor

C. Provides contraceptive education and counseling ..... Student Preceptor

D. Assesses for and treats jaundice ..... Student Preceptor

E. Provides direction for care of circumcised and uncircumcised penis ..... Student Preceptor

F. Performs thorough and appropriate maternal four- to six-week postpartum check-up ..... Student Preceptor

G. Knows treatments for sore nipples ..... Student Preceptor

H. Knows treatments for mastitis ..... Student Preceptor

I. Knows breastfeeding referral resources ..... Student Preceptor

6. Well-Women Care

A. Obtains a client history appropriate to GYN/Well-woman care ..... Student Preceptor

B. Performs a through general physical examination appropriate to well-woman care ..... Student Preceptor

C. Performs urinalysis ..... Student Preceptor

D. Performs pelvic examination ..... Student Preceptor

E. Provides education ..... Student Preceptor

F. Assesses client's family planning history and needs: counsels/prescribes ..... Student Preceptor

G. Provides opportunity for client to discuss problems or concerns ..... Student Preceptor

H. Refers client to other health care professionals, services, agencies, or other, as indicated ..... Student Preceptor

I. Maintains precise records ..... Student Preceptor

7. Well-Baby Care

A. Provides well-baby care during the first two - six weeks ..... Student Preceptor

B. Assesses the general health and appearance of baby ..... Student Preceptor

C. Provides treatment of conditions such as diaper rash, cradle cap, thrush, and colic ..... Student Preceptor

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Additional Feedback:

Preceptor's Affirmation of Honest Intent of Representation

I, _____, do hereby acknowledge that honesty in relationship to the student midwives I precept is of utmost importance. I affirm that I, to the best of my ability and professional integrity, have represented my evaluation of this student's practice, knowledge, skills, experience and expertise honestly and fairly.

I affirm that this document has been completed honestly.

Preceptor's Signature:_____ Date:_____

Student's Affirmation of Honest Intent of Representation

I, _____, do hereby acknowledge that honesty in relationship to my preceptor, her/his clients, and NMI is of utmost importance.

I affirm that I, to the best of my ability and professional integrity, have represented my self-assessment of practice, knowledge, skills, experience and expertise honestly and fairly.

I affirm that this document has been completed honestly.

Student's Signature:_____ Date:_____